

# Hallamshire Tennis Club 2023

## U8 Tennis Coaching

Dear Player/ Guardian

At The Academy we pride ourselves in striving to provide players and parents with the best learning experience possible. Whether it be through our on court delivery or the additional educational information for parents regarding your child's development, we are committed to being the best we can be.

The Academy has three core values, Passion, Honesty & Enjoyment. We aim to encourage these into all coaching sessions to create an environment of fun and learning.

We operate in 3 venues and run a 38 week group coaching programme, and collect these fees through a manageable monthly direct debit over 12 months.

Across the page you will see our session availability at Hallamshire, we offer a FREE taster for you and your child to come and try us out. Should you wish to find out more or to book a FREE taster please contact our admin team at [enquiries@academytennis.co.uk](mailto:enquiries@academytennis.co.uk) we would love to welcome you.

As you can see there is limited availability on our sessions so please contact us asap to avoid disappointment.

## Opportunities for tennis at The Academy - Hallamshire



### Hallamshire Tennis Club – S11 8TA

Session and age	Day and Time	Cost	Spaces
<b>Blue 4-5yrs (Indoor)</b>	<b>Tuesday 4-5pm</b>	<b>£27.87p/m</b>	<b>10</b>
	Thursday 4-5pm		8
	Saturday 10-11am		4
	Saturday 11-12pm		12
	Sunday 9-10am		9
<b>Red 6-8yrs (Indoor)</b>	<b>Tuesday 4-5pm</b>	<b>£27.87p/m</b>	<b>9</b>
	Thursday 4-5pm		7
	Saturday 10-11am		2
	Saturday 11-12pm		9
	Sunday 9-10am		5

# Academy Coaching Programme

## Overview and Philosophy



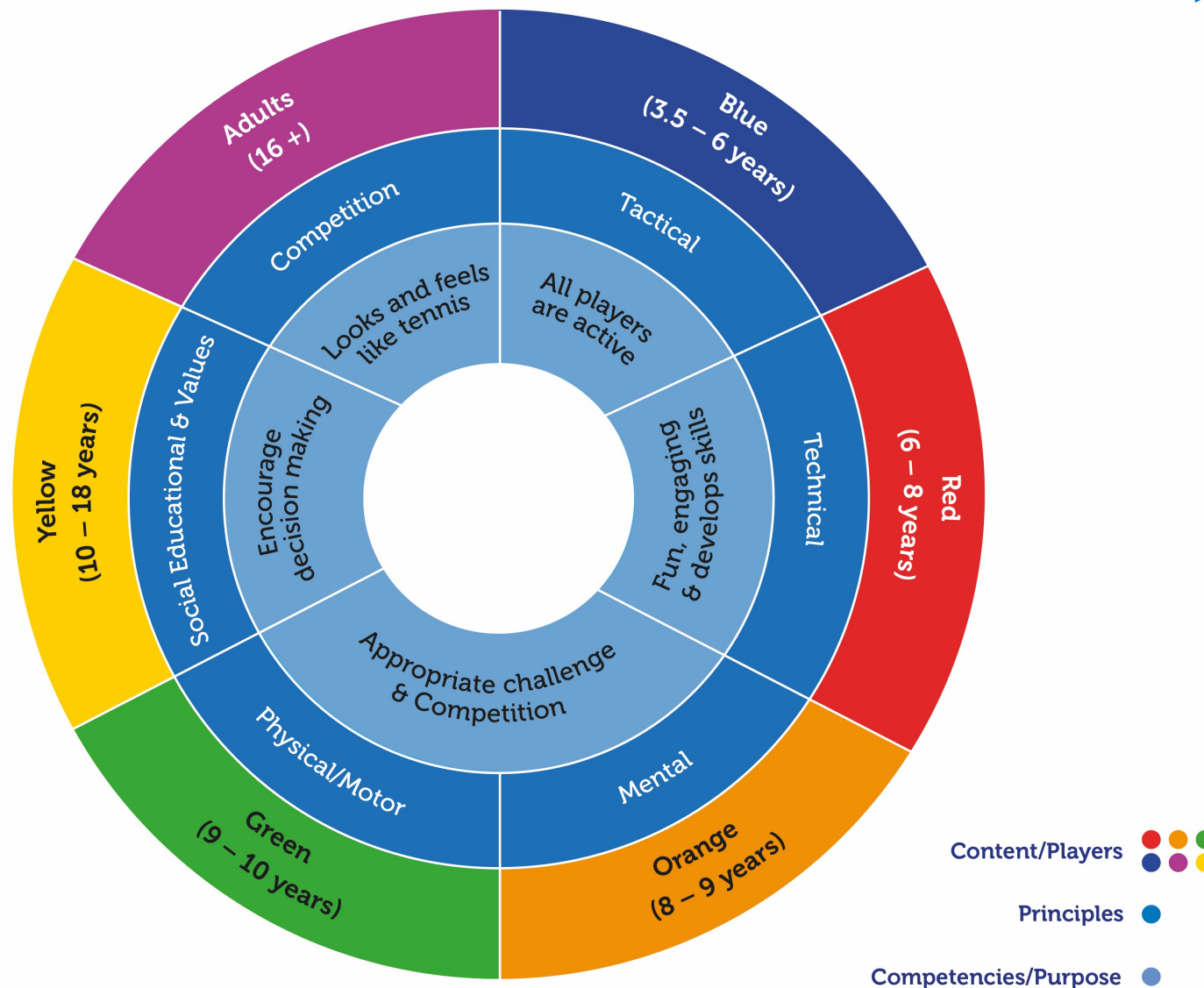
### 1. Motor Skills

### 2. Skills for tennis

### 3. Tennis skills

**Skill development over fixed movement –**  
prioritising the skills to play over stroke shapes

**Variable skill acquisition –**  
Tennis is an open skill sport, we need to train  
players that way



# JUNIOR TENNIS CAMPS

**FOR AGES 4 – 16 YEARS**



**THE  
ACADEMY**

The Academy run tennis camps throughout the holiday periods of the year. Please find a list of venues and what we offer through the year below:

## Hallamshire Tennis and Squash Club

**Easter**  
2 weeks

**Summer**  
4 weeks

**Monday to Friday**

**Full Day 10am - 3pm**

**Morning 10am - 12pm**

**Afternoon 1pm - 3pm**

**4-9 years**

**10-16 years**



[clubspark.lta.org.uk/  
Hallamshireacademyoftennis/Coaching/Camps](http://clubspark.lta.org.uk/Hallamshireacademyoftennis/Coaching/Camps)

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*Scan me*

For further details contact  
**Dave Marray, 07715 120326** or email [dave@academytennis.co.uk](mailto:dave@academytennis.co.uk)  
[www.theacademy.tennis](http://www.theacademy.tennis)

## Rustlings Lawn Tennis Club

**May Half  
Term**  
1 week

**Summer**  
2 weeks

**October  
Half Term**  
1 week

**Monday to Friday**

**Full Day 9am - 2pm**

**Morning 9am - 11am**

**Afternoon 12pm - 2pm**

**4-9 years**



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*Click me*

For further details contact  
**Ryan Bagshaw, 07713 905999** or email [ryan@academytennis.co.uk](mailto:ryan@academytennis.co.uk)  
[www.theacademy.tennis](http://www.theacademy.tennis)



## Multi Session Discount

## Low Coach to Player Ratio

## Flexible Booking Options



## Fully Qualified Teams

- Professional LTA Qualified to Level 2 or above
- LTA licensed and accredited
- Safeguarding Trained
  - Up to Date DBS
  - First Aid Trained

**The Academy**  
☎ 07734 746376  
f /TheAcademyTeam  
@theacademyteam

**Sessions take place at:**

**Hallamshire Tennis & Squash Club**  
716 Ecclesall Rd  
Sheffield, S11 8TA  
f Hallamshire Tennis & Squash Club  
@htscsheffield

**Rustlings Lawn Tennis Club**  
Collegiate Crescent  
Sheffield, S10 2BR  
f Rustlings Lawn Tennis Club  
@rustlings\_tennis\_club

**Hallam Grange Lawn Tennis Club**  
70-72 Stayleigh Lane  
Sheffield, S10 3RH  
f Hallam Grange Lawn Tennis Club  
@HallamGrangeltc